



Leslie A. Carroll, DMD, MS Michael J. McQuade, DDS, MS  
Jeffrey A. Rossmann, DDS, MS  
1428 West Hebron Pkwy #140 - Carrollton, TX 75010  
972-394-1234

## **PRE-OPERATIVE INSTRUCTIONS**

### **For I.V. Patients**

**Fasting:** Take only your prescribed medication. You may have one cup (8 ozs) of black coffee (**without milk or cream**) two (2) hours prior to your surgery **OR** you may have a **small** amount of water (no more than one cup - 8 ozs). Eat and drink **NOTHING** else for the eight (8) hours prior to surgery. No alcoholic beverages nor unprescribed medications 24 hours prior to surgery.

As you are only allowed minimal fluids 2 hours prior to surgery, we recommend that you drink plenty of fluids **BEFORE** midnight.

**Dress:** Wear loose comfortable clothing with short sleeves. Remove earrings, watches, jewelry, and contact lenses before your appointment.

**Transportation:** Have a responsible adult available to drive you home after your surgery. You should **NOT** attempt to drive for 24 hours following surgery.

**Diet:** Be prepared to drink nothing but cold substances the rest of the day following surgery, e.g. malts, shakes, fruit juices, pudding - no carbonated or alcoholic beverages, no smoking, and no straws. The next two days, be prepared for a diet of soft foods, warm or cold - bread, soup, pasta, yogurt, cottage cheese, and ice cream.

**Ladies** - please remove nail polish or artificial nail from right index (pointer) finger for monitoring of your vital signs during surgery. Please refrain from using make-up around your mouth on the day of surgery. Prior to surgery, please remove lipstick.

Inform us of any changes in your medical status and/or new medication prior to your appointment.

**Failure to follow these instructions could result in postponement of your surgery. If you have any questions or concerns, please do not hesitate to call us at 972-394-1234**